

# Tips for Managing Challenging Behaviors in Young Children

**RWJBarnabas**  
HEALTH

Children's  
Specialized  
Hospital



## Books for Adults

- **1-2-3 Magic: Effective Discipline for Children 2-12**  
Thomas W. Phelan ISBN: 1889140430
- **The Big Book of Parenting Solutions: 101 Answers to Your Everyday Challenges and Wildest Worries**  
Michele Borba ISBN: 9780787988319
- **The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children**  
Ross W. Greene PhD ISBN: 781557668653
- **How to Talk So Kids Will Listen & Listen So Kids Will Talk**  
Adele Faber, Elaine Mazlish ISBN: 9781451663884
- **The Hurried Child**  
David Elkind ISBN: 073821082X
- **Mommy Calls: Dr. Tanya Answers Parents' Top 101 Questions about Babies and Toddlers**  
Tanya Altmann Remer ISBN: 9781557668653
- **Parenting the Strong-willed Child: The Clinically Proven Five-week Program for Parents of Two- to Six- Year Olds**  
Rex Forehand, Nicholas Long ISBN: 0071667822
- **Parenting with Positive Behavior Support: A Practical Guide to Resolving Your Child's Difficult Behavior**  
Meme Hieneman Ph.D., Karen Childs M.A., Jane Sergay M.Ed. ISBN: 781557668653
- **Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence**  
Lawrence J. San Cohen ISBN: 0345442865
- **The Power of Play: Learning What Comes Naturally**  
David Elkind ISBN: 9780738211107
- **Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic**  
Mary Sheedy Kurcinka ISBN: 9780060739669
- **Transforming the Difficult Child: The Nurtured Heart Approach**  
Howard Glasser, Jennifer Easley ISBN: 0967050707

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## Books for Adults (cont.)

- **Transforming the Intense Child Workbook**  
Howard Glasser ISBN: 0982671482
- **Understand Young Children's Challenging Behaviors – and Get Solutions that Work**  
Dawn M. Denno, Ed.D., Victoria Carr, Ed.D., and Susan Hart Bell, Ph.D. ISBN 9781557669841

## Books for Children

- **Amazing Me: It's Busy Being 3**  
Centers for Disease Control and Prevention (CDC) ISBN: 9780160941559
- **Where is Bear? A Terrific Tale for 2-Year-Olds**  
Centers for Disease Control and Prevention (CDC) ISBN: 9780160941566

## Videos

- **Setting Realistic Expectations**  
[www.youtube.com/watch?v=DGDGthz42P4&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=4&pp=iAQB](http://www.youtube.com/watch?v=DGDGthz42P4&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=4&pp=iAQB)
- **Following Directions and Rules**  
[www.youtube.com/watch?v=P0rC-WyCM\\_U&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=5&pp=iAQB](http://www.youtube.com/watch?v=P0rC-WyCM_U&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=5&pp=iAQB)
- **Understanding Behavior**  
[www.youtube.com/watch?app=desktop&v=OHL0G70-t1g&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=2&pp=iAQB](http://www.youtube.com/watch?app=desktop&v=OHL0G70-t1g&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=2&pp=iAQB)
- **Tips for Reducing Undesirable Behavior in Young Children**  
[www.youtube.com/watch?app=desktop&v=4Gwgg1qGWtY&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=7&pp=iAQB](http://www.youtube.com/watch?app=desktop&v=4Gwgg1qGWtY&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=7&pp=iAQB)
- **Tips for Managing Morning Routines in Young Children**  
[www.youtube.com/watch?app=desktop&v=jFj9DbYzDNw&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=6&pp=iAQB](http://www.youtube.com/watch?app=desktop&v=jFj9DbYzDNw&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=6&pp=iAQB)
- **Managing Transitions for your Child**  
[www.youtube.com/watch?v=iFT\\_iviyFE&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=3&pp=iAQB](http://www.youtube.com/watch?v=iFT_iviyFE&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=3&pp=iAQB)
- **Encouraging Preferred Behavior**  
[www.youtube.com/watch?v=rEz6bZ2qLU8&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=1&pp=iAQB](http://www.youtube.com/watch?v=rEz6bZ2qLU8&list=PLBfkTLqXjnPz5Kc5jqbz1bNRtMTZle2y0&index=1&pp=iAQB)

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